

Are you ready for a day away from the hubby, kids, work, or stress? Are you ready for a day to enjoy yourself?

Come to the 2nd annual West Virginia State *Women in the Outdoors* and West Virginia Division of Natural Resources *Becoming an Outdoors-Woman* wild and wonderful outdoor event.

The event is aimed at women ages 14 and older. Our program offers you the opportunity to learn outdoor activities with hands-on experience. Last year we had over 40 women participate in the event.

Registration fee for event is as follows and includes:

\$40 (early bird fee prior to June 9)
\$45 (after June 9)

- ◇ Choice of 4 expertly instructed classes
- ◇ Equipment and materials needed for use during classes
- ◇ Lunch
- ◇ Women in the Outdoors gift
- ◇ Becoming an Outdoors-Woman gift
- ◇ 1-year subscription to the Women in the Outdoors Magazine
- ◇ 1-year membership to the National Wild Turkey Federation (or extension of current membership)

Tammy Mowry
National Wild Turkey Federation
288 Crisswell Road
Butler, PA 16002



Wild & Wonderful Women's Outdoor Event



Photo credit: National Wild Turkey Federation

July 9, 2005
8:00 a.m. -
6:30 p.m.

Kanawha State Forest
Charleston, WV

Class Descriptions

Archery: Learn about this fast growing sport. Do you want to learn backyard recreation, competitive target shooting, or maybe you want to go bow hunting? You will learn how to select equipment that fits you. There will be lots of hands-on instruction. Experience the thrill of hitting the target.

Fishing: This course will provide hands-on instruction from choosing equipment to landing the fish. Learn the fundamentals of rod and reel handling, casting, knot tying, and tackle. Equipment will be provided, but participants are encouraged to bring their own.

Rifle Marksmanship: Learn to shoot .22 rimfire rifles and the fundamentals of rifle marksmanship skills. Come join us for fun and action on the firing range!

Talkin' Turkey: You'll have an opportunity to learn about wild turkey and its habits. Learn calling techniques, equipment, camouflage and set-up techniques to improve your chances of seeing, photographing, and bagging one of these magnificent birds.

Mountain Biking: Learn how to select and ride a mountain bike. Participants will learn which size bike is right for them. Safety and what gear to bring with you will also be included. Get on a bike and ride some trails to learn techniques for maneuvering. (additional \$20 if you take this class for bike rental)

Backyard Habitat: Learn everything you need to know so you'll be able to attract wildlife to your home.

Nature Journaling: Have you wanted to record your observations and outdoor adventures? This class will introduce you to the art of journaling. Supplies will be provided; but if you have a journal you'd like to share, please bring it along.

Camping: Select proper equipment, learn basic tools, pitch tents, and build a fire. Explore quick and easy ways to cook outdoors.

Outdoor Cooking: Food always tastes better when cooked outdoors. Try a variety of methods, equipment, and recipes your stomach won't want to miss.

First Aid: A little rusty on your "ABC's" of first aid. Forget where the pressure points are? What's the difference between heat stroke and heat exhaustion and how do you treat each? What do you do if you encounter a venomous snake? This class will help to refresh your skills.

Workshop Schedule:

8:00 - 9:00	Registration
9:00 - 9:30	Welcome/Overview
9:45 - 11:15	Session 1
11:30 - 12:30	Lunch
12:45 - 2:15	Session 2
2:30 - 4:00	Session 3
4:15 - 5:45	Session 4
6:00 - 6:30	Closing

Questions?

Tammy Mowry (Women in the Outdoors)
(724) 284-9201, Email: Tammyntwf@zoominternet.net
OR

Elizabeth Gallaher (Becoming An Outdoors-Woman)
(304) 558-2771, Email: Elizabethgallaher@wvdnr.gov

Send Checks and Registration to:

Tammy Mowry, 288 Crisswell Road, Butler, PA 16002

Confirmation

Once your registration and payment have been received, confirmation and directions will be sent via email or postal mail.

Cancellation Policy

In order to receive a full refund, you must cancel 7 days prior to the event. You may send a substitute.

What to Bring

Note taking materials if you are so inclined and a water bottle

Classes are outdoors and hands-on regardless of the weather. Lightweight hiking boots are recommended. Be sure to bring rain gear as workshops will proceed.

Your pocket book, you might just find something to buy on the raffles and silent auction.

You will be able to participate in door prizes, various raffles, and a silent auction that will include various items such as wildlife prints, quilt, wind chimes, and more!

(Cash checks, and credit cards will be accepted the day of the event.)

Participant Registration Form

Name _____

Address _____

City _____

State _____ Zip _____

Phone () _____

Date of Birth _____

E-mail Address _____

(confirmation will be sent via email when possible)

New Member _____ Renewal _____

WITO Membership Number _____

Emergency Contact /Phone _____

Course Offerings: Please rank in order of preference, 1 through 8 with 1 being your first choice and 8 being your last. (We will do our best to place you in your top 4 choices).

_____ Archery	_____ Backyard Habitat
_____ Fishing	_____ Nature Journaling
_____ Rifle Marksmanship	_____ Camping
_____ Talkin' Turkey	_____ Outdoor Cooking
_____ Mountain Biking	_____ First Aid

***Participants 14-17 years old must have a parent/guardian sign the participant release for them.**

Payment Method:

- \$ _____ check or money order
- \$ _____ if taking mountain biking, additional \$20
- \$ _____ TOTAL REGISTRATION FEE
Make check payable to: **WV State Chapter, NWTF**
- Charge my credit card number _____

Circle one: Visa M/C Discover

Exp. Date: _____

Card ID Number: _____

(The 3-digit number is located on the back of your card, usually at the top of the signature area)

Signature: _____

(please bring your credit card along)